

# The Aquarian Teacher: KRI International Level One Certification Requirements Verification Form

Please check boxes to indicate student has completed qualification: Do not send this form to KRI until all qualifications have been met.

- Attended all Teacher Training classes -**180** contact hours minimum
- Received a passing grade of 75% or better on the KRI Exam
- Completed 20 Kundalini Yoga Classes during or after the completion of Teacher Training - **20** hours
- Performed satisfactorily in the practicum
- Created two acceptable yoga course curricula
- Completed the assigned 40-day yoga set/meditation -11 minutes minimum each
- Participated in at least five full morning Aquarian sadhanas - 2 ½ hours each = **10** hours
- Participated in one day of White Tantric Yoga: **city:** \_\_\_\_\_ **date:** \_\_\_\_\_
- Read, understood, and signed the *Code of Professional Standards for Kundalini Yoga Teachers*.

I recommend this trainee to be certified as a KRI Level One Instructor of Kundalini Yoga as taught by Yogi Bhajan.

\_\_\_\_\_  
Signature (KRI Lead Teacher Trainer)

\_\_\_\_\_  
Today's Date

\_\_\_\_\_  
Print Name of Lead Teacher Trainer

\_\_\_\_\_  
Course Location (city, state, country)

\_\_\_\_\_  
Graduation Date

To be filled out by the certifying student:

I, the undersigned, agree to the following:

1. KRI and the KRI Teacher Training team reserve the right to grant KRI Level One certification based solely on their discretion and evaluation of each student's readiness to be a Kundalini Yoga Instructor. That this evaluation is based on successfully meeting the course requirements including, but not limited to those listed in this document.
2. I have been given the opportunity to fill out a confidential evaluation for each teacher of this program.
3. I understand that if for any reason I do not complete all of the requirements for certification, as listed above, **within 6 weeks of the conclusion of the course** I will be required to pay a **\$26 per month late fee** (with the exception of 20 Kundalini Yoga classes and one day of White Tantric). All requirements including any accrued late fee(s) must be received **no later than 12 months after the conclusion of the course**. If you do not complete the requirements for the course and submit the late fee within this timeframe you will not be certified.
4. If I am not granted certification, I understand that I have the right to appeal to KRI, whose decision shall be final.

\_\_\_\_\_  
Signature (Legal Name)

\_\_\_\_\_  
Date

\_\_\_\_\_  
PRINT (Legal Name)

\_\_\_\_\_  
PRINT (Spiritual Name)